



BOOK RECOMMENDATIONS

Craig's Top Picks:

1. The Artist's Way: A Spiritual Path to Higher Creativity - *Julia Cameron*
2. Boundaries Updated and Expanded Edition: When to Say Yes, How to Say No to Take Control of Your Life – *Henry Cloud, John Townsend*
3. Necessary Endings - *Henry Cloud*
4. The Road Back to You: An Enneagram Journey to Self-Discovery - *Ian Morgan Cron and Suzanne Stabile*

Personality/Self Care

5. The Road Less Traveled - *M Scott Peck*
6. Man's Search for Meaning - *Victor Frankl*
7. Changes That Heal – *Henry Cloud*
8. The Power of Vulnerability- *Brene Brown*
9. The Gifts of Imperfection-*Brene Brown*
10. Immortal Diamond- *Richard Rohr*
11. Sacred Wounds- *Pasquale and Rohr*
12. Falling Upward: A Spirituality for the Two Halves of Life – *Richard Rohr*
13. The Wounded Healer - *Henri Nouwen*
14. The Relational Soul; Moving From False Self to Deep Connection - *Plass and Cofield*
15. Emotionally Healthy Spirituality – *Peter Scazzero*
16. The Soul of Shame: Retelling the Stories We Believe About Ourselves – *Curt Thompson*
17. On the Threshold of Hope – *Diane Mandt Langberg*
18. The Journey of Desire: Searching for the Life You've Always Dreamed Of – *John Eldredge*
19. The Body Keeps the Score – *Bessel van der Kolk*
20. Anatomy of the Soul and The Soul of Shame – *Mark Thompson*
21. 12 Rules for Life – *Jordan Peterson*

22. Learning to Embrace Life's Disappointments As Silver Refined – *Kay Arthur*

Boundaries:

23. Boundaries Updated and Expanded Edition: When to Say Yes, How to Say No to Take Control of Your Life – *Henry Cloud, John Townsend*

24. Co-Dependent No More – *Melody Beattie*

25. I Hate You, Don't Leave Me- *Kreisman and Straus*

For Men:

26. Run with the Horses: The Quest for Life at Its Best – *Eugene H. Peterson*

27. Iron John: A Book about Men – *Robert Bly*

28. Season's of a Man's Life – *Daniel J. Levinson*

29. The Mask of Masculinity-*Lewis House*

Knowing Yourself:

30. The Enneagram From a Christian Perspective - *Richard Rohr*

31. The Road Back to You: An Enneagram Journey to Self-Discovery - *Ian Morgan Cron and Suzanne Stabile*

Parenting:

32. The Gifts of Imperfect Parenting- *Brene Brown*

33. The Awakened Family – *Tasbury*

34. Attachment Theory in Clinical Work with Children - *Oppenheim and Goldsmith*

35. The Primal Wound – *Nancy Newton Verrier*

36. Parenting from the Inside Out - *Daniel J. Siegel, Mary Hartzell*

37. Brainstorm: The Power and Purpose of the Teenage Brain – *Daniel J. Siegel*

38. The Whole-Brain Child– *Daniel J. Siegel, Tina Payne Bryson*

39. Brainstorm – *Dan Siegel*

40. No Drama Discipline – *Daniel Siegel*

41. Brainstorm – *Daniel Siegel*

42. The Whole Brain Child – *Daniel Siegel*

Relationships:

43. The Kindness Challenge: 30 Days to Improve Any Relationship – *Shaunti Feldman*
44. A Celebration of Sex: A Guide to Enjoying God’s Gift of Sexual Intimacy – *Douglas E. Rosenau*
45. Facing the Shadow (3rd Edition): Starting Sexual and Relationship Recovery – *Patrick Carnes*
46. Healing the Wounded Heart: The Heartache of Sexual Abuse and the Hope of Transformation – *Dan B. Allender*
47. The Seven Principles for Making Marriage Work: A Practical Guide from the Country’s Foremost Relationship Expert – *John Gottman, Nan Silver*
48. Love and War: Finding Your Way to Something Beautiful in Your Marriage – *John Eldredge, Stasi Eldredge*
49. The Path Between Us - *Suzanne Stabile*

Addiction:

50. Breathing Underwater – *Richard Rohr*
51. In the Realm of Hungry Ghosts: Close Encounters with Addiction – *Gabor Mate, Peter A. Levine*
52. Stop Sex Addiction: Real Hope, True Freedom for Sex Addicts and Partners – *Milton S. Magness*

Children’s Books:

53. Dinosaurs Divorce – *Mark Brown*
54. Family Changes – *Azmaira H. Maker*
55. Why Can’t We Live Together? – *Lovato*
56. Two Homes – *Masurel*
57. The Story of Me – *Brenna Jones, Stan Jones*